

I MINA'TRENTAI KUATTRO NA LIHESLATURAN GUÅHAN

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Adopted
41-34 (COR)	Dennis G. Rodriguez, Jr. FRANK B. AGUON Joe S. San Agustin	Relative to recognizing, commending, and congratulating Mr. Anthony "Tony" Sgro, President; Mrs. Audrea "Audie" Sgro, Vice President; Mr. Michael "Mike" Sgro, Vice President of Sales; and the certified fitness instructors, personal trainers, and staff of Paradise Fitness Guam on the celebration of its Twentieth (20th) Year Anniversary, and on the Grand Opening of its third (3rd) fitness center, which is located in Tumon, called "Paradise Premium Fitness "; and to further extending a warm Un Dångkolo Na Si Yu'os Ma'åse' to Paradise Fitness Guam for its commitment to providing the people of Guam with premier solutions in fitness and quality health education for our island community.	02/27/17 11:50 a.m.	03/04/17 12:00 p.m.	03/03/17 9:24 a.m.

Resolution No. 41-34 (COR)

Introduced by:
Dennis G. Rodriguez, Jr.
FRANK B. AGUON, JR.
Joe S. San Agustin

Thomas C. Ada	Tommy Morrison
William M. Castro	Louise B. Muiña
B. J.F. Cruz	Telena Cruz Nelson
James V. Espaldon	Michael F.Q. San Nicolas
Fernando Barcenas Esteves	Therese M. Terlaje
Regine Biscoe Lee	May Canacho Torres



Relative to recognizing, commending, and congratulating Mr. Anthony "Tony" Sgro, President; Mrs. Audrea "Audie" Sgro, Vice President; Mr. Michael "Mike" Sgro, Vice President of Sales; and the certified fitness instructors, personal trainers, and staff of Paradise Fitness Guam on the celebration of its Twentieth (20th) Year Anniversary, and on the Grand Opening of its third (3rd) fitness center, which is located in Tumon, called "Paradise Premium Fitness"; and to further extending a warm *Un Dángkolo Na Si Yu'os Ma'ise'* to Paradise Fitness Guam for its commitment to providing the people of Guam with premier solutions in fitness and quality health education for our island community.

BE IT RESOLVED BY THE COMMITTEE ON RULES OF I MINA'TRENTAI KUÁTTRO NA LIHESLATURAN GUÁHAN:

WHEREAS, on August 27, 1996, Anthony "Tony" Sgro founded and incorporated Paradise Fitness Guam; and since then, Paradise Fitness is proud to now have fitness centers in three (3) locations: *Dekeke, Hagåtña*, and the recently-opened newest location in *Tumon*, named "Paradise Premium Fitness"; and

WHEREAS, the Paradise Fitness Philosophy is:

"At Paradise Fitness, we welcome people from all walks of life. It doesn't matter what your shape, sex, or ability is... or is not.

Paradise Fitness doesn't stand for a type of person. It is non-competitive, non-judgmental, and is not as elitist.

At Paradise Fitness, people don't have to be in shape to feel at ease. It doesn't matter if you're young or old... plump or skinny... short or tall... firm or flabby... or whatever.

Paradise Fitness is more than just a gym, we're Guam's leader in fitness. Our goal is to make a difference in the communities we serve by helping people change their lives through health and fitness each and every day.

This is why our experienced, knowledgeable, friendly, and energetic staff is at the heart of the Paradise Fitness core, standing tremendously dedicated to creating a comfortable, non-intimidating, and enjoyable environment, where our members don't feel self-conscious, and don't worry about what others think.

Paradise Fitness Center is truly a place for everyone"; and

WHEREAS, Paradise Fitness Instructors are all certified in Les Mills, MixedFit, Zumba and Yoga, as well as being CPR certified; and there are over three hundred (300) classes monthly, with more than twenty five thousand (25,000) workouts per month at its *Dekeke* location, and more than twenty thousand (20,000) workouts per month at its *Hagåtña* location; and for the past twenty (20) years, the locally owned and operated Paradise Fitness Center has focused on making a difference in the community; and

WHEREAS, in conjunction with Tony's corporate philosophy for Paradise Fitness, he reflects on the past twenty (20) years by stating, "I have been saying since day one when we opened Paradise Fitness that exercise is medicine! We have come a very long way with our business, and also in the fitness industry. The federal and local governments have now affirmed in the past decade that exercise is medicine, and have provided mandates to be included in health insurance premiums. And, consistent with those federal and local mandates, health insurance companies are turning more and more towards preventative health care for its patients and clients. My wife, Audie, my son, Mike, myself and my family are grateful to Paradise Fitness' employees and members, past and present, for their patronage. According to the American Medical Association, *Exercise is Medicine!* We are blessed that our island community has selected Paradise Fitness as the source for their fitness needs. The philosophy that I wrote twenty (20) years ago speaks for itself"; and

WHEREAS, Paradise Fitness is proud to assist the people of the community with the development of incentive programs for all subscribers and dependents of the Government of Guam Group Health Plan through the enactment of Public Law 30-170, which: (1) promotes wellness; (2) promotes primary healthcare and preventative healthcare; and (3) manages and coordinates healthcare for persons with chronic health conditions or acute illness. This public policy enacted six (6) years ago makes it possible for thousands of people, both active and retired Government of Guam employees, including their dependents, to access preventative healthcare, and wellness and fitness programs, so that they can live a positive healthy lifestyle. And, as health insurance premiums continue to rise, it is incumbent upon government officials to ensure that our government does not become penny-wise and pound-foolish by eliminating this mandate in the name of savings, or undermine it, so that the full benefits of such healthy lifestyle are not fully realized; now therefore, be it

RESOLVED, that the Committee on Rules of *I Mina'Trentai Kuáttro Na Liheslaturan Guahan* does hereby, on behalf of *I Liheslaturan Guahan* and the people of Guam, recognize, commend, and congratulate Mr. Anthony "Tony" Sgro, President; Mrs. Audrea "Audie" Sgro, Vice President; Mr. Michael "Mike" Sgro, Vice President of Sales; and the certified fitness instructors, personal trainers, and staff of Paradise Fitness Guam on the celebration of its Twentieth (20th) Year Anniversary, and on the Grand Opening of its third (3rd) fitness center, which is located in *Tumon*, called "Paradise Premium Fitness"; and does further extend a warm *Un Dángkolo Na Si Yu'os Ma'ise'* to Paradise Fitness Center Guam for its commitment to providing the people of Guam with premier solutions in fitness and quality health education for our island community; and be it further

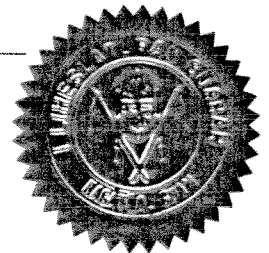
RESOLVED, that the Speaker and the Chairperson of the Committee on Rules certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of the same be thereafter transmitted to Paradise Fitness Guam - Mr. Anthony Peter Sgro, President; Mrs. Audrea Perez Sgro, Vice President; and Mr. Michael Anthony Sgro, Vice President - Sales; and to the Honorable Edward J.B. Calvo, *I Mago'láben Guahan*.

DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF I MINA'TRENTAI KUÁTTRO NA LIHESLATURAN GUÁHAN ON THE 3RD DAY OF MARCH 2017.

BENJAMIN J.F. CRUZ
Speaker

MICHAEL F.Q. SAN NICOLAS
Chairperson, Committee on Rules

REGINE BISCOE LEE
Legislative Secretary



3 copies



COMMITTEE ON RULES

Senator Michael F.Q. San Nicolas, *Chairman*
I Mina'Trentai Kuattro na Liheslaturan Guahan • 34th Guam Legislature



COMMITTEE VOTING SHEET

Resolution No. 41-34 (COR) – Dennis G. Rodriguez, Jr., FRANK B. AGUON, JR. Joe S. San Agustin – “Relative to recognizing, commending, and congratulating Mr. Anthony “Tony” Sgro, President; Mrs. Audrea “Audie” Sgro, Vice President; Mr. Michael “Mike” Sgro, Vice President of Sales; and the certified fitness instructors, personal trainers, and staff of Paradise Fitness Guam on the celebration of its Twentieth (20th) Year Anniversary, and on the Grand Opening of its third (3rd) fitness center, which is located in *Tumon*, called “Paradise Premium Fitness ”; and to further extending a warm *Un Dangkolo Na Si Yu'os Ma'ase'* to Paradise Fitness Guam for its commitment to providing the people of Guam with premier solutions in fitness and quality health education for our island community.”

	SIGNATURE	DATE	TO ADOPT	TO NOT ADOPT	TO ABSTAIN
Senator Michael F.Q. San Nicolas Chairperson	E-VOTE	03/01/17	✓		
Senator Telena Cruz Nelson Vice Chairperson	E-VOTE	03/01/17	✓		
Speaker Benjamin J. F. Cruz Member	E-VOTE	03/02/17			
Vice-Speaker Therese M. Terlaje Member	E-VOTE	03/01/17	✓		
Legislative Secretary Régine Biscoe Lee Member					
Senator Thomas C. Ada Member					
Senator Frank B. Aguon, Jr. Member	E-VOTE	03/01/17	✓		
Senator Dennis G. Rodriguez, Jr. Member	CV	3/3/17	✓		
Senator Joe S. San Agustin Member	E-VOTE	03/01/17	✓		
Senator James V. Espaldon Minority Leader	E-VOTE	03/01/17	✓		
Senator Mary Camacho Torres Minority Member					

For Sponsor's Office Use Only	
Sponsor Signature:	CV
Staff Contact Person:	John Lucas
For COR/Clerk's Office Use Only	
8 Certified	Returned
Name:	Peter [Signature]
Date:	3/3/17
Notes:	

2017 MAR - 3 AM 9:24

I MINA'TRENTAI KUATTRO NA LIHESLATURAN GUÁHAN
2017 (FIRST) Regular Session

Resolution No. 41-34 (COR)

Introduced by:

Dennis G. Rodriguez, Jr.
FRANK B. AGUON, JR.
Joe S. San Agustin
Thomas C. Ada
William M. Castro
B.J.F. Cruz
James V. Espaldon
Fernando Barcinas Esteves
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Tommy Morrison
Louise B. Muña
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1 **BE IT RESOLVED BY THE COMMITTEE ON RULES OF I**
2 **MINA'TRENTAI KUÁTTRO NA LIHESLATURAN GUÁHAN:**

3 **WHEREAS**, on August 27, 1996, Anthony “Tony” Sgro founded and
4 incorporated Paradise Fitness Guam; and since then, Paradise Fitness is proud to now
5 have fitness centers in three (3) locations: *Dededo, Hagåtña*, and the recently-opened
6 newest location in *Tumon*, named “Paradise Premium Fitness”; and

7 **WHEREAS**, the Paradise Fitness Philosophy is:

8 *“At Paradise Fitness, we welcome people from all walks of life.*
9 *It doesn't matter what your shape, sex, or ability is... or is not.*

10 *Paradise Fitness doesn't stand for a type of person. It is non-*
11 *competitive, non-judgmental, and is not an elitist.*

12 *At Paradise Fitness, people don't have to be in shape to feel at*
13 *ease. It doesn't matter if you're young or old... plump or skinny... short*
14 *or tall... firm or flabby... or whatever.*

15 *Paradise Fitness is more than just a gym, we're Guam's leader*
16 *in fitness. Our goal is to make a difference in the communities we serve*
17 *by helping people change their lives through health and fitness each*
18 *and every day.*

19 *This is why our experienced, knowledgeable, friendly, and*
20 *energetic staff is at the heart of the Paradise Fitness core, standing*
21 *tremendously dedicated to creating a comfortable, non-intimidating,*
22 *and enjoyable environment, where our members don't feel self-*
23 *conscious, and don't worry about what others think.*

24 *Paradise Fitness Center is truly a place for everyone”; and*

25 **WHEREAS**, Paradise Fitness Instructors are all certified in Les Mills,
26 *MixedFit, Zumba and Yoga*, as well as being CPR certified; and there are over three
27 hundred (300) classes monthly, with more than twenty five thousand (25,000) workouts
28 per month at its *Dededo* location, and more than twenty thousand (20,000) workouts

1 per month at its *Hagåtña* location; and for the past twenty (20) years, the locally owned
2 and operated Paradise Fitness Center has focused on making a difference in the
3 community; and

4 **WHEREAS**, in conjunction with Tony’s corporate philosophy for Paradise
5 Fitness, he reflects on the past twenty (20) years by stating, “I have been saying since
6 day one when we opened Paradise Fitness that exercise is medicine! We have come a
7 very long way with our business, and also in the fitness industry. The federal and local
8 governments have now affirmed in the past decade that exercise is medicine, and have
9 provided mandates to be included in health insurance premiums. And, consistent with
10 those federal and local mandates, health insurance companies are turning more and
11 more towards preventative health care for its patients and clients. My wife, Audie, my
12 son, Mike, myself and my family are grateful to Paradise Fitness’ employees and
13 members, past and present, for their patronage. According to the American Medical
14 Association, *Exercise is Medicine!* We are blessed that our island community has
15 selected Paradise Fitness as the source for their fitness needs. The philosophy that I
16 wrote twenty (20) years ago speaks for itself”; and

17 **WHEREAS**, Paradise Fitness is proud to assist the people of the community with
18 the development of incentive programs for all subscribers and dependents of the
19 Government of Guam Group Health Plan through the enactment of Public Law 30-170,
20 which: (1) promotes wellness; (2) promotes primary healthcare and preventative
21 healthcare; and (3) manages and coordinates healthcare for persons with chronic health
22 conditions or acute illness. This public policy enacted six (6) years ago makes it possible
23 for thousands of people, both active and retired Government of Guam employees,
24 including their dependents, to access preventative healthcare, and wellness and fitness
25 programs, so that they can live a positive healthy lifestyle. And, as health insurance
26 premiums continue to rise, it is incumbent upon government officials to ensure that our
27 government does not become penny-wise and pound-foolish by eliminating this

1 mandate in the name of savings, or undermine it, so that the full benefits of such healthy
2 lifestyle are not fully realized; now therefore, be it

3 **RESOLVED**, that the Committee on Rules of *I Mina'Trentai Kuåttro Na*
4 *Lihaslaturan Guåhan* does hereby, on behalf of *I Lihaslaturan Guåhan* and the people
5 of Guam, recognize, commend, and congratulate Mr. Anthony “Tony” Sgro, President;
6 Mrs. Audrea “Audie” Sgro, Vice President; Mr. Michael “Mike” Sgro, Vice President
7 of Sales; and the certified fitness instructors, personal trainers, and staff of Paradise
8 Fitness Guam on the celebration of its Twentieth (20th) Year Anniversary, and on the
9 Grand Opening of its third (3rd) fitness center, which is located in *Tumon*, called
10 “Paradise Premium Fitness ”; and does further extend a warm *Un Dångkolo Na Si Yu’os*
11 *Ma’åse’* to Paradise Fitness Center Guam for its commitment to providing the people
12 of Guam with premier solutions in fitness and quality health education for our island
13 community; and be it further

14 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules
15 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
16 the same be thereafter transmitted to Paradise Fitness Guam - Mr. Anthony Peter Sgro,
17 President; Mrs. Audrea Perez Sgro, Vice President; and Mr. Michael Anthony Sgro,
18 Vice President - Sales; and to the Honorable Edward J.B. Calvo, *I Maga’låhen Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF
I MINA'TRENTAI KUÅTTRO NA LIHESLATURAN GUÅHAN ON THE 3RD DAY
OF MARCH 2017.**

BENJAMIN J.F. CRUZ
Speaker



MICHAEL F.Q. SAN NICOLAS
Chairperson, Committee on Rules



RÉGINE BISCOE LEE
Legislative Secretary